### Wednesday 5 October

**AUDITORIUM - 1,500 seats**

**CORE PROGRAMME**

Discovering new ways

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>17.00</td>
<td>Opening Ceremony&lt;br&gt;W.H.O. AGING AND LIFE COURSE PROGRAM&lt;br&gt;John Beard (Geneva, Switzerland)</td>
</tr>
<tr>
<td>18.30</td>
<td>Welcome reception</td>
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### Thursday 6 October

**AUDITORIUM II - 400 seats**

**CORE PROGRAMME**

Discovering new ways

**ROOM 5A - 150 seats**

Invited Symposia

**ROOM 5B - 150 seats**

Special Interests Groups Symposia

**ROOM 5C - 150 seats**

Submitted Symposia

**AUDITORIUM III - 120 seats**

EAMA Core Curriculum

<table>
<thead>
<tr>
<th>Time</th>
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<tr>
<td>08:30</td>
<td>GERO-NOTECHNOLOGY: THE TIME HAS COME&lt;br&gt;Chairs: Maria Amalia Botelho (Lisbon, Portugal), Jean Petermans (Belgium)</td>
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<tr>
<td>10:00</td>
<td>1. Newer rehabilitation techniques&lt;br&gt;Nico Farina (Italy)</td>
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<tr>
<td>10:30</td>
<td>2. New devices to help dementia patients&lt;br&gt;Jose Santos-Victor (Lisbon, Portugal)</td>
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<tr>
<td>11:00</td>
<td>3. Home monitoring&lt;br&gt;Alain Franco (Nice, France)</td>
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<tr>
<td>10:00</td>
<td>AGEING @COIMBRA SYMPOSIUM&lt;br&gt;PROMOTING ACTIVE AND HEALTHY AGEING - THE ROLE OF EUROPEAN REFERENCE SITES&lt;br&gt;Chairs: João Malva (Coimbra, Portugal), Rafael Joachim Schultz (Germany)</td>
</tr>
<tr>
<td>10:30</td>
<td>1. The role of regional partnership in integrated health care for older people&lt;br&gt;João Malva (Coimbra, Portugal)</td>
</tr>
<tr>
<td>11:00</td>
<td>2. The importance of preventing respiratory diseases in promotion of healthy ageing&lt;br&gt;João Malva (Coimbra, Portugal)</td>
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<td>10:30</td>
<td>ESH/EUGMS: Management of Hypertension in the old frail individuals: Revisiting the ESH 2013 Guidelines&lt;br&gt;Chairs: Timo Strandberg (Finland), Andrea Ungar (Italy)</td>
</tr>
<tr>
<td>10:00</td>
<td>1. Evaluation of the frailty for all hypertensive 80 and older patients&lt;br&gt;Mirko Petrovic (Belgium)</td>
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<td>10:30</td>
<td>2. The meaning of the SPRINT study for older patients&lt;br&gt;Giuseppe Mancia (Italy)</td>
</tr>
<tr>
<td>11:00</td>
<td>3. Prevention of inappropriate polypharmacy and improving adherence to medical treatments: the SIMPATHY project&lt;br&gt;Alpana Mar (Edinburgh, United Kingdom)</td>
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<td>Different multi-disciplinary care models for frail hospitalized older adults from an international perspective.</td>
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<td>11:00</td>
<td>1. Nurse Practitioner led pro-active consultation of frail hospitalized older adults; a Dutch model of care for vulnerable older patients&lt;br&gt;Ron M.J. Warnier (The Netherlands), Evelien Pijpers (The Netherlands)</td>
</tr>
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<td>2. The importance of preventing respiratory diseases in promotion of healthy ageing&lt;br&gt;João Malva (Coimbra, Portugal)</td>
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<tr>
<td>12:00</td>
<td>3. Preventing inappropriate polypharmacy and improving adherence to medical treatments: the SIMPATHY project&lt;br&gt;Alpana Mar (Edinburgh, United Kingdom)</td>
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<tr>
<td>12:30</td>
<td>4. Hospital Wide Comprehensive Geriatric Assessment – HoW CGA&lt;br&gt;Simon Conroy (United Kingdom)</td>
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**AUDITORIUM III - 120 seats**

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<td>10:00</td>
<td>PARADIGMS OF GERIATRIC MEDICINE&lt;br&gt;Chairs: Tischa Van der Cammen (The Netherlands), Jean Pierre Michel (Switzerland)</td>
</tr>
<tr>
<td>10:30</td>
<td>1. The end of disease concept&lt;br&gt;Gilles Berut (France)</td>
</tr>
<tr>
<td>10:00</td>
<td>2. The function and quality of life as main outcome&lt;br&gt;Nele van den Noortgate (Belgium)</td>
</tr>
<tr>
<td>10:30</td>
<td>3. What EBM do we need in older adults?&lt;br&gt;Cornel Sieber (Germany)</td>
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12:30
OPTIMISING DRUG PRESCRIPTION IN THE OLDER SUBJECTS?
Chair: Antonio Cherrubini (Ancona, Italy), Eduard Hopf, Lusaka, Portugal
1. Strategies for reducing polymedication
Graciela Alarcón Ordoñez (Rome, Italy)
2. STOPP/START criteria: clinical efficacy in older multimorbid patients?
Denis O'Mahony (Cork, Ireland)
3. How the geriatrician can help GP?
Martin Wahlund (Heidelberg, Germany)

13:30
AGG-EUGS SYMPOSIUM: THE ROLE OF DIFFERENT PROFESSIONALS IN THE GERIATRIC TEAM
Chair: Mani Bartlott (Palermo, Italy), Alfonso Cruz-Jentoft (Madrid, Spain)
1. Geriatric nurse
Gordana Bartal-Ivanai (United Kingdom)
2. Dietitian
Elisabet Robergren (Gothenburg, Sweden)
3. Pharmacist
Anne Spriewine (Brussels, Belgium)

14:00
EMERGENCY GERIATRIC MEDICINE
Chair: Simon Conway (United Kingdom), and Simon Mooijart
1. Frailty identification in the ED
Amy Elliott (United Kingdom), Simon Mooijart (United Kingdom)
2. Improving ED working in the emergency frailty unit
Thomas Morris (United Kingdom), Sanal Kumar (United Kingdom)
3. New geriatric model of care on the ED focusing of the prevention of unplanned readmissions
Els Devriendt (Belgium)
4. Delirium
Neel Kalkan (Netherlands), Jay Banerjee (United Kingdom)

14:30
New findings on function and activity in European aging populations
Chair: M. Denkinger. Discussant: S. Maggi
1. Pain variability and affective symptoms in older adults with osteoarthritis: a six-cohort study
E.LJ. de Koning (The Netherlands)
2. The association between pain variability and physical activity in older persons with OA
L.A. Schipper (The Netherlands)
3. Objectively measured walking duration and sedentary behaviour and four-year mortality in older people: the ActIF Study
D. Dallmeier (Germany)
4. Effects of a home-based approach to reduce concerns about falls on fear of falling, activities of daily living and care use in frail, community-dwelling older people
G.J.M. Kempen (The Netherlands)
5. Panel Questions
Lunch Session
SYMPHONIES - NEW INSIGHTS
Chair: Dr Athanasia Benetos, Academic Director, EUGMS (France)
1. Welcome and introduction
Dr Athanasia Benetos, Academic Director, EUGMS (France)
2. The role of nutrition in cognitive function as we age
Lisette de Groot (The Netherlands)
3. Coffee, caffeine and cognitive decline – current evidence and potential mechanisms
Rodrigo A. Cunha (Portugal)
4. In practice: Implications for healthcare advice to patients
Elisabet Robergren (Sweden)
5. Panel Questions
Lunch Session
EDWARDS HEART VALVE DISEASE IN THE ELDERLY, A FOCUS ON AORTIC STENOSIS
Chair: Francesco Mattace-Raso (The Netherlands), Philippe Chassagne (France)
1. Aortic Stenosis in elderly patients, an evolving disease
Andreas Schonberger (Switzerland)
2. What is the patient pathway for an elderly diagnosed with Aortic Stenosis?
Rui Teles (Portugal)
3. The geriatrician role in the evaluation and diagnosis
Tomasz Gudzicki (Poland)
4. Why TAVI is becoming the preferred treatment option for elderly patients with Severe AS
Andrea Ungar (Italy)
5. Q&A
Lunch Session
NESTLE INTEGRATING NUTRITION AS A SUPPORTIVE THERAPY FOR STROKE REHABILITATION
Chair: Reto Krenzlig (Switzerland)
1. Need to manage swallowing difficulty: New evidence describing the high burden of dysphagia in acute stroke
Marcel Arnold (Berlin, Germany)
2. Strategies to address risk of malnutrition and dysphagia after stroke
Rainer Wirth (Germany)
3. Identification and treatment of sarcopenia to maximize functional health
Marcello Maggio (Parma, Italy)
4. Effects of a home-based approach to reduce concerns about falls on fear of falling, activities of daily living and care use in frail, community-dwelling older people
G.J.M. Kempen (The Netherlands)
5. Panel Questions
Lunch Session
SYMPOSIUM - SPECIFICITY OF GERIATRIC PRACTICE IN LATIN AMERICA, SARCOPEenia MANAGEMENT AS PROMOTED BY THE LATIN AMERICAN ACADEMY FOR MEDICINE OF OLDER ADULTS
Chair: Consul Sieber (Germany), Luis Miguel Gutierrez Robledo (Mexico)
1. Knowledge dissemination and training on specific topics. ALMA History Structure and Functioning
Fernando Morales Martinez (San Jose, Costa Rica)
2. Sarcopenia diagnosis and management; current practices
Clemente Zurita (Tijuana, Mexico)
3. Research on Sarcopenia diagnosis and management in Latin America and Spain
Roberto A. Lourenco (Rio de Janeiro, Brazil)
4. Bringing theory to practice: Liasions and synergies between ALMA and PAHO
Enrique Vaga (Washington DC, USA)
5. Panel Questions
Lunch Session
HOW TO WRITE A SCIENTIFIC PAPER
Chair: Timo Stenseng (Finland), David Stott (United Kingdom)
1. JNHA - Alain Sinclair (United Kingdom)
2. JAMA - John Morley (USA)
3. EGM - Jean-Pierre Michel (Genève, Switzerland)
4. Age and Aging - David Stott (United Kingdom)
5. 17 Chronic multimorbidity: time to recognize the elephant in the room
Chair: Laura Gradoni (Sweden), Graciela Alarcón (Italy)
1. Epidemiology of multimorbidity: insights into trajectories of chronic disease development
Anna Calderón-Larrañaga (Sweden)
2. Addressing multimorbidity through clinical guidelines: current state and future perspectives
Alessandra Marzenghi (Italy)
3. Frailty and multimorbidity: overlapping or different constructs?
Matteo Cesari (France)

15:00
ORTHOGERIATRICS - NEW INSIGHTS
Chair: Avan Ahie Sayer (Southampton, United Kingdom), Manuel Teixeira Ventura (Coimbra, Portugal)
1. How to manage patients in an orthogeriatric unit?
Jacques Boddaert (Paris, France)
2. Joint reconstruction – what's new?
Carlos Evangelista (Lisbon, Portugal)
3. How to recover muscle function and gait after surgery?
Giuseppe Belatti (Milan, Italy)

15:30
ALMA SYMPOSIUM - SPECIFICITY OF GERIATRIC PRACTICE IN LATIN AMERICA, SARCOPEenia MANAGEMENT AS PROMOTED BY THE LATIN AMERICAN ACADEMY FOR MEDICINE OF OLDER ADULTS
Chair: Consul Sieber (Germany), Luis Miguel Gutierrez Robledo (Mexico)
1. Knowledge dissemination and training on specific topics.
2. Sarcopenia diagnosis and management; current practices
3. Research on Sarcopenia diagnosis and management in Latin America and Spain
4. Bringing theory to practice: Liasions and synergies between ALMA and PAHO
5. Panel Questions

16:00
TREATMENT OF NEUROPSYCHIATRIC CONDITIONS
Chair: Niyako Kinugawa (France), Christiaan Wemeqart (Italy)
1. Depression
Jana Hummel (Germany)
2. Dementia (including BPSD)
Sandra Higué (Belgium)
3. Anxiety and Insomnia
Marc Ahmed (Norway)

16:30
NUTRITIONAL RECOMMENDATIONS AND SUPPLEMENTATION IN OLDER PATIENTS
Chair: Marc Ahmed (Norway), Mustafa Carkuur (Turkey)
1. Proteins
Francesco Landi (Italy)
2. Vitamins
Kiyoka Kinugawa (France)
3. Carbohydrates and Fatty Acids
Angela Abbateoccia (Italy)

17:00
Coffee break
### INNOVATIVE APPROACHES IN THE MANAGEMENT OF CHRONIC PAIN IN OLDER PEOPLE

**Chairs:** Kaisu Pitkala (Helsinki, Finland), Fernando Santos (Portugal)

1. **Assessment of pain**
   - Sophie Pautex (Genève, Switzerland)
2. **New pharmacological interventions**
   - Paulo Reis-Pina (Lisbon, Portugal)
3. **Physical therapy techniques and behavioral interventions**
   - Patricia Schofield (Greenwich, United Kingdom)

### WHAT’S NEW IN DIAGNOSIS OF DEMENTIA IN OLDER PEOPLE?

**Chairs:** Horácio Firmino (Coimbra, Portugal), Georg Ruppe (Wien, Austria)

1. **Neuropsychological Evaluation**
   - Jordi Pena-Casanova (Spain)
2. **Biological Markers**
   - Alexandre de Mendonça (Lisbon, Portugal)
3. **Neuroimaging**
   - Pierre Topinková (Czech Republic)
4. **Challenging clinical problems in nursing homes in Europe. Lessons from the SHELTER study**
   - Eva Topinková (Czech Republic)
5. **Dysphagia in nursing home residents – prevalence and implication for care**
   - Desmond O’Neill (Ireland)

### DISCOVERING NEW WAYS TO IMPROVE THE DIET OF OLDER PEOPLE: WHAT IS THE EVIDENCE?

1. **Introduction**
   - Helen Roberts (United Kingdom)
2. **Evidence for fortified foods**
   - Tommy Cederholm (Sweden)
3. **Evidence for whole diet approaches**
   - Aurelia Santoro (Italy)

### POST FALL SYNDROME

**Chairs:** Hubert Blain (France), Ruth Piers (Belgium)

1. **Causes and consequences**
   - Mart Bakken (Norway)
2. **How to diagnose?**
   - Achille Tchalla (France)
3. **How to treat**
   - Petra Reininger (Germany)

### POST FALL SYNDROME

**Chairs:** Olafur Samuelsson (Iceland), Daniel Swagerty (USA)

1. **Strategies to improve drug treatment in NH residents**
   - Olgur Samúelsson (Iceland), Daniel Swagerty (USA)
2. **The Use of Medications to Address Non-Pain Symptoms at the End of Life: Best Practices in Canada and the United States**
   - Daniel Swagerty (USA)
3. **Evidence for whole diet approaches**
   - Olgur Samúelsson (Iceland)
4. **Challenging clinical problems in nursing homes in Europe. Lessons from the SHELTER study**
   - Eva Topinková (Czech Republic)
5. **Dysphagia in nursing home residents – prevalence and implication for care**
   - Desmond O’Neill (Ireland)

### ROOM 5B - 150 seats

**SIG Symposia**

1. **URINARY INCONTINENCE: A FORGOTTEN GERIATRIC SYNDROME**
   - Chair: Carlos Verdejo (Spain)
      - Dr. Janes Riol
      - Dr. Claudia Pastore
   - 3. The presentation of a European Consensus on Urinary Incontinence from the Task & Finish Working Group on Urinary Incontinence.
      - Dr. Antoine Vella

2. **HEALTHY BRAIN AGEING AND COGNITION: NUTRITIONAL FACTORS**
   - Chair: Maurit Van der Cammen (Netherlands)
   - 1. Anti-oxidants and Cognition.
      - Patrizia Mecocci (Italy)
      - Professor Tobias Hartmann (Germany)
      - Maurit Van der Cammen (Belgium)

3. **IMPROVING PATIENT OUTCOMES: TAILORED NUTRITIONAL SUPPORT ACROSS DIFFERENT CARE SETTINGS**
   - Chair: Sofia Duque (Portugal)
   - 1. The interplay of cognitive and physical performance.
      - Professor Andrea Maior (The Netherlands & Australia)
      - Professor Francesco Landi (Italy)
   - 3. The LipiDiDiet trial investigating the effect of a multi-nutrient combination in prodromal Alzheimer’s Disease
      - Professor Tobias Hartmann (Germany)

### WORKSHOPS

**17:00 - 18:00 Workshop 2 - How to improve communication with the older patient?**
- Taarna Van der Cammen (Netherlands), Anette Hylen Ranhoff (Norway)
**17:00 - 18:00 Workshop 3 - How to engage and support caregivers?**
- Regina Roller-Winsberger (Austria), Kaisu Pitkala (Finland)

### EAMA Core Curriculum
CHANGING ASPECTS OF INFECTIOUS DIARRHEAS
Chair: Heidi Gruner (Lisbon, Portugal), Johan Pianang (Leuven, Belgium)
1. Clostridium difficile and its treatment
Javier Cobo-Reinoso (Madrid, Spain)
2. Noro virus et Rota virus and their promising vaccines
Timo Vesikari (Tampere, Finland)
3. Vaccines for older travelers
Steven Callere (Ghent, Belgium)

THE SECRET TO BECOME CENTENARIAN
Chair: Gracinda Brasil (Porto Deipada, Portugal), Anne Ekdahl (Sweden)
1. Genes for centenarians
Atta Perera Dina (Lisbon, Portugal)
2. Geographic latitude and longevity : Diet, Clima or genes - NOTE: Prof. Jylha is requesting a title change
Marja Jylha (Tampere, Finland)
3. Why females have the longevity advantage
Karen Andersen-Ranberg (Odense, Denmark)
4. Multidimensional Prognostic Index and clinical decision making in the frail older subject: over the guidelines
Alberto Pizetto (Italy)

MULTIDIMENSIONAL ASSESSMENT AND CLINICAL DECISION MAKING IN THE FRAIL MULTIMORID OLDER SUBJECTS: THE EUROPEAN MPI AGE PROJECT
Chair: Alberto Pizetto (Genoa, Italy), Alfonso Cruz-Jentoft (Spain)
1. Patient-centered end-points of drug treatments in old age
Antonio Marconi (Australia)
2. Multidimensional prognostic indices for the management of older patients in General Practice
Francesco Malatte Raciò (The Netherlands)
3. Prescriptions of anti-dementia drugs and mortality in community-dwelling older patients
Maria Cristina Polidori (Germany)
4. Multidimensional Prognostic Index and clinical decision making in the frail older subject: over the guidelines
Alberto Plivoto (Italy)

Prescribing Optimisation through Explicit Criteria: From Theory to Clinical Application
1. The European 7-countries list of potentially inappropriate medications (PIM) and its use in older adults
Petra Thumann (Germany)
2. Prescribing Optimisation through the Utilization of FORTA: Lessons from the VALFORTA Study
Martin Wolting (Germany)
Michael Steinman (USA)
4. STOPP/START criteria: are there tangible clinical benefits?
Paul Gallagher (Ireland), Denis O’ Mahony (Ireland)

CHRONIC KIDNEY DISEASE - DIFFERENT THERAPEUTIC APPROACHES: WHEN AND WHY?
Chair: Angiela Abbatecola (Italy), Sandra Higuel (Belgium)
1. Renal Aging
Eric Boulanger (France)
2. Dialysis
Christian Weinert (Germany)
3. Conservative Therapy
Martin Pitt (Germany)

NEW APPROACHES TO URINARY DISEASES IN OLDER PEOPLE
Chair: João Pisco (Lisbon, Portugal), Leo Bosbaerts (The Netherlands)
1. New interventions for benign prostatic hyperplasia
Julio Piazzo (Lisbon, Portugal)
2. New approaches in treatment of urinary incontinence - beyond the pills
Piotr Chistol (Krakow, Poland)
3. New approaches to screening and treatment of prostate cancer
Pia Scholder (Netherlands)

INNOVATION IN ACTIVE AGING
Chair: José Pereira Miguel, Míriko Patricio (Belgium)
1. A citizen centric care model for better aging
Joan Lubsenbarg (Germany)
2. Telemedicine for home monitoring of lung function
Ramón Farré (Spain)
3. Health monitoring and active aging
Ana Lusa Fred (Portugal)

FALLS AND FRACTURE PREVENTION IN OLDER ADULTS: A TOUR AROUND EUROPE
Chair: Stefania Maggi (Italy), Tahir Maud (United Kingdom)
1. News in falls and fracture prevention: the minutes of the Bologna EFP on AHA-ProFouND Falls festival
Chia Tad (United Kingdom)
2. Using data to drive improvement in prevention of falls and fragility fractures - experience from the NHS in England
Fisher Martin (United Kingdom)
3. Falls and fracture prevention: the Coimbra experience
José Maria (Portugal)
4. Towards a EUCRIS falls prevention curriculum: "Master of Active and Healthy Aging"
Hansy Grosewani (Austria), Adriana Nijteska (Austria), Patrik Eklof (Austria), Regina Rollen-Wimmersber (Austria)
5. A comprehensive falls and fracture prevention strategy: The European Union Geriatric Medicine Society Statement
Hubert Blain (France)

THERAPEUTIC APPROACHES: WHEN AND WHY?
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5. A comprehensive falls and fracture prevention strategy: The European Union Geriatric Medicine Society Statement
Hubert Blain (France)
13:30 - 15:00
HOW ENVIRONMENTAL FACTORS INFLUENCE THE AGING PROCESS
Chairs: Athanase Benetos (Paris, France), Lia Marques (Lisbon, Portugal)
1. The air we breath
Fátima Reis (Lisbon, Portugal)
2. The food we eat
Ramon Estruch (Barcelona, Spain)
3. The job we do
Karen Walker-Bone (UK)

15:00 - 17:00
NEW THERAPEUTIC STRATEGIES AGAINST HOSPITAL-ACQUIRED INFECTIONS
Chairs: Gaetan Gavazzi (Grenoble, France), Didier Schoevaerdts (Belgium)
1. Infection control strategies for common hospital acquired infections
Benedikt Huttner (Genève, Switzerland)
2. New or old drugs for high resistant bacteria?
Jean Paul Stahl (Grenoble, France)
3. New therapeutic and management of implant-associated infections
Andrej Trampusz (Berlin, Germany)

17:00 - 18:00
CLOSING CEREMONY
Highlights of the EUGMS 2016
EAMA students
1. Aline Corvol (France)
2. Thomas Jackson (UK)
3. Matteo Tosato (Italy)
4. Late breaking news
Ontex Award
Best Oral Communication Awards
Best Poster Awards
Presentation of EUGMS 2017 Congress
Farewell