GERIATRIC PATIENT IN NEED FOR CHRONIC CARE: from Community to Institution and back

November 22/23, 2019 - Thessaloniki, Greece

HOTEL MEDITERRANEAN PALACE
THESSALONIKI, GREECE

2nd Pre-Congress Seminar
of EuGMS ATHENS 2020

www.hcgm.gr
Friday 22 November 2019

15:30-16:20 Registrations

16:20-16:30 Welcome message
Ioannis Ellul
Athanase Benetos
Theodoros Dardavesis

16:30-18:30 Round Table 1: Management of chronic conditions in the community-dwelling older patient
Chairs: Christina Avgerinou, Athanasios Simeonidis
- Is lower better in arterial hypertension? *Eugenia Gkaliagkousi*
- Diabetes mellitus: personalised targets for older patients. *Eleni Bekiari*
- Management of cognitive and behavioral problems in older people. *Magda Tsolaki*
- Parkinsonism: is it always Parkinson’s disease? *Sevasti Bostatzopoulou*
- Caring for older cancer patients. *Athanasios Karampeazis*

18:30-18:45 Coffee Break

18:45-19:30 WORKSHOP 1: Rationale for the role of Comprehensive Geriatric Assessment (CGA) in primary health care and in hospital settings. *What, why and how?* (Duration 45’)
Coordinators: Christina Avgerinou, Marina Kotsani, George Soulis
Saturday 23 November 2019

09:00-10:00 Round Table 2: Acute care and rehabilitation (60’)
Chairs: Dimitris Economides, Apostolos Hatzitolios

- What’s new in acute stroke management in older age. Theodoros Karapanagiotidis
- Early intervention and rehabilitation of older patients with stroke. Chrysanthis Ntasiopoulou
- What’s new in the prevention and management of osteoporotic fractures. Georgios Kapetanos

10:00-10:40 Round Table 3: Challenges in the management of chronic diseases.
Chairs: P. Koulouzakis, Irene Tzanetakou

- Palliative care in MS and other neurological conditions. Georgia Deretzi
- Management of pressure ulcers in older patients.

10:40-11:00 Coffee Break

11:00-12:30 Round Table 4: Challenges in the multidisciplinary management of the older patient in acute illness and rehabilitation (90’)
Chair: Eugenia Gkaliagkousi, Ioannis Georgiopoulos

- Prevention and management of delirium in institutional settings. Panagiotis Ioannidis
- Prevention and management of functional decline in institutional settings. Styliani Papakosta
- Prevention and management of sarcopenia and cachexia in the older patient. Ioannis Gioulbasanis
- Management of pain in the geriatric patient. Dimitris Peios

12:30-12:50 Coffee Break
Saturday 23 November 2019

12:50–14:20  **Round Table 5: Back to community: Interdisciplinary approaches in geriatric rehabilitation** (Duration 90’)
Chairs: Xanthi Michail, Dimitris Theofanidis

- Challenges in the management of fall risk and fear of falling.
  Nikolaos Roussos
- Managing care-givers’ burden.
  Konstantina Karagiozi
- Rehabilitation medicine’s interventions impacting wellness in the elderly.
  Eleftheria Antoniadou
- Therapeutic exercise for the older person.
  Georgia Petta
- Geriatric occupational therapy.
  Ioanna Tsipra
- Medical applications of relaxation techniques in older persons.
  Sotiria Moza

14:20–15:30  Lunch – free time

15:30–15:50  **Lecture 1**
Chairs: Jirar Topouchian, Arman Postadzhian

Towards the new concept of intrinsic capacity and integrated care.
The WHO’s model.
- Finbarr Martin (30’)


International Round Table 1: Challenges in implementing integrated care. How to promote the geriatric approach in the primary care in the Balkan countries.
Chairs: Chrysanthos Zamboulis, Mirko Petrovic
(Participation of keynote speakers from Greece and the Balkan region)

Gulistan Bahat, Turkey
Nenad Bogdanovic, Croatia
Genc Burazer, Albania
Predrag Erceg, Serbia
Gabriel Ioan Prada, Romania
Ignat Petrov, Bulgaria
Manolis Smyrnakis, Greece
Gregor Veninsek, Slovenia

Discussion: What can we do now and what can we do better?

This session is under the auspices of the:

Laboratory of Primary Health Care, General Practice and Health Services Research - Medical School, Aristotle University of Thessaloniki, Greece

Coffee Break

Lecture 2
Chairs: Anastasia Kossioni, Nebojsa Tasic

Evidence based pharmacotherapy for older patients. Obstacles, ageism and the art of therapeutics.
- Mirko Petrovic (25’)

Closing remarks and short video on EuGMS Athens 2020