GERIATRIC PATIENT IN NEED FOR CHRONIC CARE: from Community to Institution and back

November 22/23, 2019 - Thessaloniki, Greece

HOTEL MEDITERRANEAN PALACE, Thessaloniki, Greece

2nd Pre-Congress Seminar of EuGMS ATHENS 2020

www.hcgm.gr

Under the auspices of:

EuGMS Hellenic Consortium for Geriatric Medicine

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Friday 22 November 2019

15:30-16:20  Registrations
16:20-16:30  Welcome message

16:30-18:30  Round Table 1: Management of chronic conditions of the community-dwelling older patient
- Is lower better in arterial hypertension?
- Diabetes mellitus: personalised targets for older patients.
- Management of cognitive and behavioral problems in older people.
- Parkinsonism: is it always Parkinson’s disease?
- Caring for older cancer patients.

18:30-18:45  Coffee Break

18:45-19:30  WORKSHOP 1: Rational on the role of Comprehensive Geriatric Assessment (CGA) in primary health care and in hospital settings. What, why and how? (Duration 45’)


Saturday 23 November 2019

09:00-10:00  Round Table 2: Acute care and rehabilitation (60’)
- What’s new in acute stroke management in older age.
- Early intervention and rehabilitation of older patients with stroke.
- What’s new in the prevention and management of osteoporotic fractures.

10:00-10:40  WORKSHOP 2: Management of pressure ulcers

10:40-11:00  Coffee Break

11:00-12:30  Round Table 3: Challenges in the multidisciplinary management of the older patient in acute illness and rehabilitation (Duration 90’)
- Prevention and management of malnutrition in institutional settings.
- Prevention and management of functional decline in institutional settings.
- Prevention and management of delirium in institutional settings.
- Prevention and management of sarcopenia and cachexia in the older patient.

12:30-12:50  Coffee Break

12:50-14:20  Round Table 4: Back to community (Duration 90’)
- Challenges in the management of fall risk and fear of falling.
- Managing care-givers’ burden.
- Complementary interdisciplinary approaches in geriatric rehabilitation
- Rehabilitation medicine’s interventions impacting wellness in the elderly.
- Therapeutic exercise for the older person.
- Geriatric occupational therapy.
- Medical applications of relaxation techniques in older persons.

14:20-15:30  Break for lunch- free time
Saturday 23 November 2019

15:30-16:00  Lecture 1  
Towards the new concept of intrinsic capacity and integrated care.  
The WHO’s model.  
Finbarr Martin (30’)

16:00- 18:15  International Round Table 1: Challenges in implementing integrated care. How to promote the geriatric approach in the primary care in the Balkan countries.  
(Participation of keynote speakers from Greece and the Balkan region)  
Chair: Mirko Petrovic

Manolis Smyrnakis, Greece  
Predrag Erceg, Serbia  
Genc Burazer, Albania  
Gabriel Ioan Prada, Romania  
Gulistan Bahat, Turkey  
Nenad Bogdanovic, Croatia  
Gregor Veninsek, Slovenia

Discussion: What can we do now and what can we do better?

18:15-18:25  Coffee Break

18:25-18:50  Lecture 2  
Evidence based pharmacotherapy for older patients. Obstacles, ageism and the art of therapeutics.  
Mirko Petrovic (25’)

18:50-19:00  Closing remarks and short video on EuGMS Athens 2020