16th EuGMS CONGRESS
Athens, Greece - October 7/9,2020

Last Update: 28/01/2020

Note: contents subject to change

Legenda	TOPIC #1- NUTRITION AND PHYSICAL ACTIVITY FOR BETTER AGING	TOPIC #2 - INTERDISCIPLINARY COLLABORATION IN THE CARE OF OLDER PATIENTS	TOPIC #3- AGE-RELATED CARDIOVASCULAR DISEASES	TOPIC #4 AGE RELATED CENTRAL NERVOUS SYSTEM DISEASES
	JOINT SYMPOSIUM	EAMA	OTHER INVITED	SUBMITTED SYMPOSIUM / ORAL COMMUNICATIONS

07 OCTOBER 2020

	ROOM 1	ROOM 2	ROOM 3 EAMA CURRICULUM	ROOM 4	ROOM 5	ROOM 6	ROOM 7	Hands-On Room
13:30 14:30	POSTER ROUND							
14:30 16:00	**PHYSICAL FRAILTY AND EXERCISE** 1. Exercise in the frail older person: lessons learned from ADVANTAGE Joint Action 2. The SPRINTT project: the efficacy of a multicomponent program on physical frailty 3. Best strategies to achieve exercise compliance	**CROSS TALK BETWEEN ONCOLOGISTS AND GERIATRICIANS** 1. Co-management of older cancer patients by oncology and geriatric specialists: state of the art 2. Multidisciplinary approach in the older patient with colorectal carcinoma 3. Hospice care and tele-hospice for older patients with cancer	EAMA	JOINT SYMPOSIUM	SUBMITTED SYMPOSIUM	SUBMITTED SYMPOSIUM	ORAL COMMUNICATIONS	
16:15 17:45	**PERSPECTIVES ON HYPERTENSION MANAGEMENT IN OLDER PEOPLE** 1. The age-related blood pressure trajectories from young-old adults to centenarians 2. New methods for blood pressure measurements in older adults 3. Clinical consequences of autonomic dysfunction and blood pressure variability in older people	**MOVEMENT DISORDERS** 1. Diagnosis and treatment of functional movement disorders 2. Invasive treatments for older people with advanced Parkinson's disease 3. Digital health pathway for gait and falls in Parkinson's disease	EAMA	**DIETARY PATTERNS AND HEALTHY AGEING** 1. Identifying dietary patterns of healthy ageing trajectories 2. The association of diet and alcohol intake with ageing in Eastern European populations 3. Adaptation of the Mediterranean diet in Nordic populations	**INFECTIOUS DISEASES - VACCINATIONS** 1. Flu vaccine recommendations for older people and healthcare workers across Europe 2. Shingles vaccination: epidemiology of shingles, access to and uptake of VZV vaccination 3. Antibiotic stewardship programmes in nursing homes	ORAL COMMUNICATIONS	ORAL COMMUNICATIONS	
17:45 18:00	BREAK							
18:00 19:30	**OPENING CEREMONY** **OPENING LECTURE** **THE HEALTH GAP: THE CHALLENGE OF AN UNEQUAL WORLD** Allyson Pollock, United Kingdom							
19:30	**Welcome reception**							

08 OCTOBER 2020

	ROOM 1	ROOM 2	ROOM 3 EAMA CURRICULUM	ROOM 4	ROOM 5	ROOM 6	ROOM 7	Hands-On Room
08:00 09:30	**SLEEP AND NEURODEGENERATIVE DISORDERS** 1. Circadian rhythms and cognition 2. Sleep disorders in mild cognitive impairment 3. Sleep disorders in dementia	**FFN-EuGMS JOINT SYMPOSIUM DEVELOPMENT OF ORTHOGERIATRIC CARE** 1. Models for orthogeriatric care; what works and what is the evidence 2. Development of national guidelines 3. Audit and a continuous improvement of practice	**EAMA**	**SIG SYMPOSIUM**	**PROS AND CONS SESSION 1: DILEMMAS IN PHARMACOTHERAPY** 1. The use of Low Molecular Weight Heparins in bedridden hospitalized older patients 2. Pharmacological treatment for urinary incontinence in frail older people	**SUBMITTED SYMPOSIUM**	**ORAL COMMUNICATIONS**	
09:30 10:00	**BREAK / POSTER ROUND**							
10.00 11:30	**MULTIDISCIPLINARY MANAGEMENT OF THE OLDER SURGICAL PATIENT** 1. Co-management of older patients by orthopaedic surgeons and geriatric specialists: which model works best? 2. Neuromuscular exercise prior to orthopaedic surgery 3. Prevention of delirium in older surgical patients: evidence-based interventions	**CONTROVERSIES IN CARDIOVASCULAR PREVENTION** 1. Management of acute coronary syndromes in frail older adults 2. Management of asymptomatic carotid artery disease in older adults 3. Deprescribing medications for secondary cardiovascular prevention in the oldest old	**EAMA**	**EDA - EuGMS JOINT SYMPOSIUM**	**SIG SYMPOSIUM**	**SUBMITTED SYMPOSIUM / ORAL COMMUNICATIONS**	**ORAL COMMUNICATIONS**	
11:45 13:15	***SPONSORED SESSIONS***							
13:30 14:15	**KEYNOTE LECTURE MEDITERRANEAN DIET AND LONGEVITY** Antonia Trichopoulou, Greece							
14:15 14:30	**BREAK**							
14:30 16:00	**CARDIOVASCULAR AGEING AND COGNITIVE DECLINE** 1. Vascular health and the aging process 2. Diabetes mellitus and cognitive decline 3. Blood pressure regulations and cognitive decline	**MULTIDISCIPLINARY DIALOGUE ON CHRONIC MUSCULO-SKELETAL PAIN OF THE OLDER PERSON** 1. Do NSAIDs have a role in chronic pain in older patients? 2. Facing the challenges of long-term opioid use in everyday practice 3. Pain and functional decline	**EAMA**	**SIG SYMPOSIUM**	**JOINT SYMPOSIUM**	**ORAL COMMUNICATIONS**	**ORAL COMMUNICATIONS**	
16:00 17:30	***SPONSORED SESSIONS***							

09 OCTOBER 2020								
	ROOM 1	ROOM 2	ROOM 3 EAMA CURRICULUM	ROOM 4	ROOM 5	ROOM 6	ROOM 7	Hands-On Room
08:00 **09:30**	**NUTRITION AND SARCOPENIA** 1. Malnutrition in the Elderly: final report of the MaNuEL project 2. Reducing inflammation in sarcopenia 3. Current challenges in defining sarcopenic obesity	**HEART FAILURE FROM THE GERIATRICIAN'S PERSPECTIVE** 1. Biomarkers in diagnosing heart failure in ageing population 2. Telemedicine applications for older patients with multimorbidity and heart failure (HATICE trial) 3. Treating heart failure by targeting frailty	**EAMA**	**GERODONTOLOGY 2020**	**EuGMS - ESCEO JOINT SYMPOSIUM** **HOW TO MANAGE OSTEOARTHRITIS IN THE OLDEST OLD?** 1. Epidemiology and burden of osteoarthritis 2. Update of the ESCEO guidelines for the management of osteoarthritis 3. SYSADOAs in the management of osteoarthritis: facts or fantasy?	**GEI SESSION / ORAL COMMUNICATIONS**	**ORAL COMMUNICATIONS**	
09:30 **10:00**	**BREAK / POSTER ROUND**							
10.00 **11:30**	**COGNITIVE DISORDERS** 1. Biomarkers to identify individuals at risk for Alzheimer's disease 2. Identifying and modifying the risk factors for cognitive decline and dementia 3. Searching new pharmacological strategies for the treatment of Alzheimer's disease	**THE IMPACT OF PHYSICAL EXERCISE** 1. Exercise and cognitive impairment 2. Exercise in older people hospitalized with acute medical illness 3. Exercise in fall prevention	**EAMA**	**GERODONTOLOGY 2020**	**PROS AND CONS SESSION 2: BONE HEALTH** 1. Screening for primary prevention of osteoporosis in a 75 old woman 2. Treating for secondary prevention in an 85 years old woman with fragility fractures	**SUBMITTED SYMPOSIUM**	**SUBMITTED SYMPOSIUM**	
11:45 **13:15**	***SPONSORED SESSIONS***							
13:30 **14:15**	**PRESIDENTIAL LECTURE** **AGEING PROCESS, EARLY DETERMINANTS AND LATE CONSEQUENCES** Athanasios Benetos, France							
14:15 **14:30**	**BEST ABSTRACT AWARDS**							
14:30 **14:45**	**BREAK**							
14:45 **16:15**	**CLINICAL TRIALS IN OLDER PEOPLE: IF NOT NOW WHEN ?** 1. Regulatory development of medicines for older people. 2. Hidden discrimination in trials on drug development and regulation 3. The geriatrician's contribution to designing pragmatic clinical studies of high scientific value	**STROKE** 1. Selecting older people for reperfusion therapies in acute stroke 2. Clinical relevance and consequences of cerebral small vessel disease 3. Psychological wellbeing and care after stroke	**EAMA**	**GERODONTOLOGY 2020**	**SUBMITTED SYMPOSIUM**	**SUBMITTED SYMPOSIUM**	**SUBMITTED SYMPOSIUM**	
16:15 **17:00**	**CLOSING CEREMONY**							