

Effective care of older patients with swallowing difficulties

Course coordinators: P Clave ESSD (Es) & JP Michel (CH) EUGMS

p.m. Wednesday Afternoon				
02.30	Welcome addresses EICA/EUGMS & ESSD: Goals & organization of the teaching activity			
02.45	<i>Participants 'knowledge testing'</i>			
03.00	Definition, prevalence and consequences of malnutrition in older adults	<i>Marcello Maggio (I)</i>		
03.45	Etiology of protein-energy malnutrition in older adults	<i>Rainer Wirth (De)</i>		
04.30	<i>Coffee break</i>			
05.00	Definition, prevalence and burden of oropharyngeal dysphagia	<i>David Smithard (UK)</i>		
05.45	Physiology of deglutition and pathophysiology of oropharyngeal dysphagia	<i>Pere Clavé (Es)</i>		
06.30	Clinical outcomes of swallowing disorders	<i>Rainer Wirth (De)</i>		
07.00	<i>General discussion and synthesis of the afternoon session</i>			
07.30	Dinner in San Servolo			
a.m. Thursday morning				
08.15	Screening of oropharyngeal dysphagia in vulnerable patients	<i>Marcello Maggio (I)</i>		
09.00	Bedside and instrumental assessments of dysphagia – Volume-Viscosity Swallow Test (V-VST), Videofluoroscopic Swallow Study (VFSS) and Fiberoptic Endoscopic Evaluation of Swallowing (FEES)	<i>Renée Speyer</i>		
10.15	<i>Open Bar: "Nutrition solutions for dysphagia"</i>			
10.45	Dysphagia: dietary consistency and hydration management	<i>Renée Speyer (As)</i>		
12.00	Swallowing rehabilitation techniques and results	<i>Père Clavé (Es)</i>		
12.30	<i>General discussion</i>			
13.00	Lunch in San Servolo			
p.m. Thursday afternoon				
Workshop: Assuring adequate, safe and appealing nutrition in a long term settings				
14.00	<i>Group A</i> ESSD instructor <i>David Smithard (UK)</i>	<i>Group B</i> EUGMS instructor <i>Marcello Maggio (I)</i>	<i>Group C</i> ESSD instructor <i>Renée Speyer (AS)</i>	<i>Group D</i> EUGMS instructor <i>Rainer Wirth (De)</i>
14.30	Synthesis of the working groups – General discussion			
15.00	Nutritional requirements of older adults/patients	<i>Nutrition clinical lecture: Kala Kaspar (CH)</i>		
15.45	<i>Open Bar: "Nutrition solutions for dysphagia"</i>			
16.15	Introducing the clinical case: Swallowing problems in stroke patients	<i>Sonja Suntrup (De)</i>		
16.45	Introducing the clinical case Swallowing disturbances in demented patients	<i>Rainer Wirth (De)</i>		
17.15	Introducing the clinical case: Predictors of aspiration pneumonia in confused old patients	<i>Marcello Maggio (I)</i>		
17.45	<i>General discussion and synthesis of the day sessions</i>			
07.00	Dinner in Venice			
a.m. Friday morning				
08.15	ESSD-EUGMS evidence-based practice guidelines: Implications for dysphagia assessment and treatment			<i>Renée Speyer</i>
Workshop: Clinical application of new knowledge				
09.15	<i>Group A - ESSD 8</i> Implement a dysphagia care pathway for your patients <i>Pere Clavé (Es)</i>	<i>Group B – EUGMS 8</i> Clinical management of Parkinson patients with swallowing disorders <i>Marcello Maggio (I)</i>	<i>Group C – ESSD 9</i> Clinical management of stroke patients with swallowing disorders <i>Sonja Suntrup (De)</i>	<i>Group D –EUGMS 9</i> Clinical management of demented patients with swallowing disorders <i>Rainer Wirth (De)</i>
10.00	<i>Report of the groups, general discussion and synthesis of the morning course</i>			
10.30	<i>Open Bar: "Nutrition solutions for dysphagia"</i>			
11.00	Dysphagia in geriatric medicine: Geriatric Take Home messages	<i>Marcello Maggio & Rainer Wirth</i>		
11.30	Dysphagia in neurology: Specialist Take Home messages	<i>Sonja Suntrup and David Smithard</i>		
12.00	<i>Participants feedback/ Evaluation of the course / Certification</i>			
13.00	<i>End of the course</i>			